



*Akashic Record Reading*

FOR JANE DOE

DEAR JANE,

Thank you for choosing to have an Akashic Record Reading! It is my pleasure to read for you.

As you signed up for this reading, it is likely that you already know that you are more than your human self – you're a soul, too! And your soul has a story and a history, one which governs your human strengths & weaknesses, your purpose, and your values – and not just in this lifetime, but in others, too.

I am going to give you the story of your soul in this report, and aim to clarify how this might impact on who you are in the here and now.

I hope it helps you to make better sense of your life and your path.

THIS READING IS SPLIT INTO SEVERAL KEY SECTIONS - I HAVE LISTED THEM BELOW —

1. Your Energy Centre of Training
2. Your Soul Group(s) of Origin
3. Your Life Lessons
4. Your Soul Trainings Between Incarnations
5. An Overview of Your Past Lives Here on Earth
6. Your Archetypes
7. Your Intuitive Gifts
8. The Spiritual Energies Around You

Without further ado, let's get into your reading!



# 1. YOUR ENERGY CENTRE OF TRAINING

The first aspect of your soul I want to go into is something called your **Energy Centre of Training**. You may be wondering what this term means...

Most of my clients have heard of the seven main chakras that we have in the physical. But what most people don't know is that there are also seven 'places' or realms which exist in the Universe, which hold the energetic frequencies that we associate with each of these seven main chakras, and each one is presided over by an Archangel.

Every soul who incarnates trains in one of these energy centres/realms. And when you do this, your soul becomes a specialist in bringing that particular energy forward with you into the physical plane here when you incarnate. So this is all about the energies that you bring in this world - not just in this lifetime, but in previous (and future) lifetimes, too. Expressing our energy centre of training is a major component of our soul's identity and purpose here on Earth.

## LET'S HAVE A LOOK AT THE REALM YOU HAVE TRAINED IN:

You've primarily trained in the **fourth realm, which corresponds to the heart chakra**. This realm is presided over by Archangel Raphael (so, as someone who has your training in this realm, you're called a 'Raphaelite').

This is the realm of healing, love, empathy and giving and so a big part of your soul's purpose is to bring healing energy into the physical realm. This is the archangelic realm of the natural-born healer – as you go through life, you will radiate the energetic qualities of both **healing** and **love**, and having your training in this realm means you are very loving and giving and you will usually give with no thought for what you might receive in return. Having this as your primary training also means that you will have a very open, sincere heart, and you'll be the kind of person who is open about your feelings with other people.



Note that Raphaelites are often healers in the 'being' sense, in that they are unconditionally accepting of others and as a result, they have a healing, soothing presence that is very nice to be around. They bring healing through the power of love and acceptance, and so they often attract the emotionally troubled or wounded for this reason. They make loving, caring and understanding friends.

Note that this healing gift does not have to be expressed through a career, although it is sometimes expressed in that way. I often encounter doctors, dentists, acupuncturists, nurses and counsellors with this realm of training. It is the realm of all kinds of healing – physical, emotional, spiritual and psychological.

### The Challenges of Being a Raphaelite

As a Raphaelite, you will be learning to take care of yourself first. When you have this realm of training, your natural inclination is to give a great deal, sometimes until you have nothing left. And so Raphaelites often have difficult learning experiences which cause them to realize that caring for the self must come first, otherwise they have nothing to give to others.

I have often heard of the heart chakra as being described as a fountain. The more you fill it with care and nurture of the self, the more that overflows and you have to give to others. If you don't fill it with anything for yourself, there will simply be nothing to offer others. This is a key lesson for Raphaelites to thrive in this world.

### Choosing Your Friends Well

Being a Raphaelite will make you naturally very empathic and you will be prone to taking on and 'absorbing' other peoples' pain and difficulties – you will be prone to establishing an unequal exchange of energy in your friendships and other relationships, sometimes without even noticing. The result is that you will become depleted from being around other people.

Because of this tendency, Raphaelites must be aware of whether their relationships are two-way streets (i.e. where both parties give and take more or less equally, over time). Not everyone who comes to them for a shoulder to cry on wants help or healing



– some people are actually quite attached to their emotional wounds and negativity and may simply want to complain or vent, and this will be draining for the Raphaelite. Because you have your primary training in this realm, you need to remember that not everyone wants to do what is necessary to be healed, and that you do not have to give of yourself to everyone who crosses your path.

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Now, let's have a look at another important aspect of your soul's profile, your soul group of origin.

## 2. YOUR SOUL GROUP OF ORIGIN

**First of all, I am going to give you a bit of context as to what the term 'soul group of origin' means:**

Your soul group of origin means the place where your soul experienced its first few incarnations.

Here on Earth, about 75% of the world's population are what we call 'Earth souls'. This means that they have only ever experienced an incarnation here in this world. Then there is another category of souls that we call 'star travellers' or 'star seeds'. These souls make up about 25% of the world's population, and being a star traveller means that you have experienced your formative incarnations in a place other than Earth.

When you are a star traveller, you tend to have been impacted by the 'environment' your soul grew up in – it can affect your strengths, your gifts and your soul's mission.

So, the first thing I found is that **you are a star traveller**, so this means that you are in the minority here on Earth, and you're probably going to feel a little bit different or 'alien' (pardon the pun) compared to most people. I am going to get more specific and tell you about the place which has had the biggest impact on your soul.





In the Akashic Records, it says that **the majority of your formative incarnations were spent in the Alpha Caeli star system** (this is a double star system in the Caelum constellation.)

Those who have their origins in Alpha Caeli are called Alpha Caelians, so you're a **Alpha Caelian** soul.

### Here's what we know about these souls:

This is a group that was discovered only very recently, so I would definitely welcome your feedback on what, if anything here, resonates with you.

Alpha Caelian souls have mostly been non-physical healers & guides on the 'other side'. As you may know, here on Earth we evolve through both positive and negative experiences and that contrast between light and dark that we can experience here on Earth is a defining aspect of evolution here.

And so we can go through difficult or traumatic experiences and even die from them. Once we reach the other side following a traumatic death, or following a life where there was a lot of trauma, there is a healing process that goes on for souls on the 'other side' – a "sloughing off" of the emotional or physical imprints from such earthly traumas on the soul.

The Alpha Caelians are a group that seem to specialise in "lightness" as an energetic quality and so many of them have been involved, on the other side, in helping human souls to heal after difficult lifetimes, in this way, and slough off any heavy energies that need to be released. So, **healing & lightness** seem to be their specialty as a soul group.

Then in the last 1000 years, they started to incarnate here on Earth for themselves, to get a taste for the difficulties humans can go through. It was a sort of experiment to help them serve others better. Lots of them came in around the times of the American and the French Revolutions. Some of them are still incarnating here, in an attempt to help and serve. (The average number of earthly lifetimes for them is between 30 and 40.) However, they do struggle a bit once they're incarnated here. For a start, they consider Earth to be a very 'low density' place for them (in terms of vibration) because their own home world resonates in the seventh dimension. Alpha



Caeli is a non-physical world that is very high-vibrational (hence the energetic quality of "lightness" that they carry.) In coming here, the Alpha Caelians are going to feel like they're 'fish out of water'.

But Alpha Caelians do serve in various ways, and they are to be found at the moment in many positions of influence within society. They bring the qualities of lightness, sensitivity, love, loyalty, generosity of spirit and hope. These are highly sensitive souls (something else they struggle with a bit) - lots of them are [HSP's](#) and [empaths](#). So they can bring that sensitive approach to others. They are effective healers - they may be drawn to counselling, and high level spiritual healing (the kind that works with the light bodies.) Their goal is to help us to build a gentler, kinder society, where we can be more attuned to one another's feelings and considerate of other peoples' needs.

Alpha Caelians make up around 0.4% of the world's population.

Alpha Caelians often lack confidence and self-assurance. Mainly because they're not entirely sure of their place here. They struggle with the polarity between light/dark and the very low-density energies and negativity they help other souls to "slough off" on the other side. This makes them feel like frauds sometimes; that they can help others to heal but sometimes struggle to heal themselves when they're incarnated here, or get past the sort of thing they are able to help other souls with. They need not feel like this; but they often do.

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So that was your soul group of origin. Next, I want to cover another important part of your soul's purpose: your life lessons.

### 3. YOUR LIFE LESSONS

A huge reason for souls incarnating on Earth is for the learning opportunities offered here.



And before we even incarnate here, we decide on a curriculum of 'life lessons' that we are going to learn. I call these 'life lessons' but in fact they are more like energetic qualities or themes that we explore in any given lifetime. They are like the underlying 'thread' of our life experiences - and we usually attract people, situations and experiences which help us to explore these themes and lessons.

Why do we bother to learn life lessons? Well, the keyword is 'wholeness'. On the soul level, we always have strengths (look to your soul group of origin and your energy centre of training for those!) but there are also energetic qualities that we lack in ourselves.

And the purpose of life lessons is to give us experiences that change us slightly on the soul level, so that we can integrate those energetic qualities into our soul, and reach a greater sense of wholeness on the soul level.

I hope that makes sense.

#### **A few other things to note about our life lessons:**

1. We have one primary life lesson (which is the dominant one) and several secondary life lessons. When we complete our primary life lesson, a secondary one replaces it as the primary
2. It takes at least several lifetimes (and sometimes longer) to thoroughly explore one life lesson
3. Our life lessons are not a 'to do' list! We do not have to consciously 'try' to learn or explore them - we naturally attract and subconsciously choose experiences in life anyway which help us to learn them - no trying necessary
4. We learn our life lessons through both positive and challenging experiences.

#### **So, now let's take a look at your life lessons:**

The first life lesson that came up for you was the life lesson of **Gratitude**.





You are learning to embrace and appreciate what shows up in your life, and go with the flow of what shows up, rather than focusing on the future or striving for what might be to come.

This life lesson is also about realising the value of things; appreciating them, and counting one's blessings.

With this life lesson, you will probably also be exploring or experimenting with the New-age idea that what you focus on expands – and when we focus on the positive aspects of our lives, we will find more aspects to feel positive about.

This theme for you is ESPECIALLY being explored in your relationships. You may have experiences around the transformative power of practising gratitude and appreciation in your relationships - the idea that if you appreciate what other people bring to a relationship, you will experience more blessings within that relationship. You will also be learning to give yourself credit, in addition to giving others credit for what they contribute to your life.

In a spiritual sense, this lesson can also be about thanking the Universe/God for your blessings.

You are almost 70% complete with this life lesson, which means that you have been exploring this theme for at least a few lifetimes already, and you'll continue to explore it throughout this lifetime.

Let's have a look at your most dominant secondary life lesson:

The second life lesson that came up for you was the life lesson of **Self-Worth**.

You are almost one-third complete with this life lesson, which means you have been exploring this in previous lifetimes (and possibly will be in future lifetimes, too.)

With this life lesson, you are learning about your own value as a human (and spiritual) being. Inherent in this life lesson are questions like 'what makes me valuable?' and 'where does my worth come from?'



I.e. does your self-worth come from how much money you have in your bank account, what you look like, or how much other people like or love you? Or does it come from something deeper, such as the fact that you are a human being and you have inherent value because of who you are.

This life lesson may also be about HOW to cultivate a feeling and knowing of your own self-worth. I do feel that it is also about self-acceptance and embracing the shadow aspects of your personality and seeing the value in those, too. Sometimes people with a life lesson of self-worth can fall into the trap of self-improvement or trying to “fix” some aspect of themselves. I feel this life lesson is about doing the opposite of that - accepting all parts & that there’s nothing to fix.

Jane, you are learning this life lesson not just in your relationship with yourself but also in the area of your relationships.

**A note on your life lessons:** one of the things I looked into for this section is what your soul’s primary focus is in this lifetime (I wrote more about primary focus in [this article](#).) Your soul’s primary focus in this lifetime is not learning. So, as a result, you will not be as focused on the life lessons above as you would otherwise be. I do feel that on the soul level, you’re re-grouping after a series of intense past lives and your soul is having a bit of a rest this time around.

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## 4. YOUR SOUL TRAININGS

Earlier in this reading, we looked at your **Energy Centre of Training** and your **Soul Groups** of Origin, both of which tell us a lot about your purpose, gifts and talents.

There is another aspect which can reveal more about what you are good at: the soul trainings that you have undertaken in between lifetimes.

**What do I mean by ‘in between lifetimes’?**



When we die and cross over to the other side, we don't necessarily incarnate again immediately. In terms of earthly linear time, there is usually some time lapse between one incarnation ending and another one beginning. This time lapse on earth between incarnations usually corresponds to the undertaking of a soul training or career on the other side.

A 'soul training in between incarnations' is a 'career' that we have while we're not in a body. Often it is a service that we undertake on behalf of Spirit, or it could be something that we learn while we're on the other side. These soul trainings are meaningful because they can shape our interests and our gifts when we're incarnated, and enable us to bring the skills that we have learned through these non-physical 'careers' into our lives and into the lives of others.

So what are the 'trainings' that you have undertaken between your earthly lifetimes?

There are three that came up for you:

### INCUBATOR SOUL

You are an Incubator soul.

Incubator souls prepare, nurture and assist souls who are incarnating into our world for the first time. This 'incubator' role will lend you a nurturing quality – nurturing and supporting is a role you will be comfortable with because you have done this between lifetimes. Incubator souls often enjoy nurturing animals, people, children and plants. Not all incubator souls feel the desire to become a parent but if they do have children, they make excellent parents.

Let's have a look at another soul training that you have had in between earthly lifetimes:

### THE 'HEALING IN THE AFTERLIFE' SOUL TRAINING

This is a soul training where you have been helping other souls to heal themselves on the other side, following a difficult or traumatic incarnation, or a traumatic end to an incarnation.



Here's a bit of background as to what this is about:

When a person exits an incarnation in a traumatic way, such that their physical body or emotional body is grievously impacted (e.g. an accident), they sometimes reach the other side with energy that requires some re-molding and repairing. Obviously souls lose both their emotional and physical body by the time they reach the other side, but these bodies, when they are hurt in this way, can leave a strong imprint on the soul that takes some healing to shift. And so as a healer, you have worked with others to restore their soul's energy so that it more closely resembles the state that it was in before they incarnated.

More specifically, you have often worked with animals to help them to heal their energy.

As a result, you know how to work with Spirit to restore energy – you are likely to be drawn to the healing arts when you're incarnated, and you're gifted in healing, because of your experiences with this on the other side. Sometimes those with this soul training are actually drawn to medicine and/or other body based alternative healing modalities, and sometimes they are drawn to spiritual healing.

## THE FIFTH ORDER

In between your earthly incarnations, you have been a member of the Fifth Order.

The Fifth Order is a group of souls on the other side (mostly lightworker souls) who support human beings who are currently incarnated on our planet and going through difficulties in their life. The Fifth Order recognises that life here on Earth can be very challenging sometimes and they endeavour to provide assistance to humans going through dark times.

So, when not in a body, Fifth Order souls have experience travelling between the 'other side' and this earthly realm, for acts of spiritual service. They may deliver messages, help to hook human beings up with earthly resources when they are in need, and they also support the angelic realm in delivering healing and comfort to human beings.



So, members of the Fifth Order are good at travelling between realms and ‘shape shifting’. This means they have much experience in changing their vibration and shifting their energy at will.

### What this means for who you are now:

As you are a member of the Fifth Order, you are good at travelling between realms and you have a lot of experience in changing your vibration. This makes you very adaptable in various ways. You are able to shift your vibrational state or energy field very quickly and so this will make you naturally adept in astral projection and leaving your body at will, such as during out of body experiences. You are also able to quickly adapt to sudden changes in your environment or with a situation – you won’t shock as easily when confronted with a drastic change or a different environment. In social situations, members of the Fifth Order can be like chameleons, they’re good at mirroring other people.

Another example of the adaptability of these people is they make good actors. A good actor will completely change on the level of the aura when they are in character. Indeed, those actors who are the most gifted are those who can create a complete transformation on the level of their auras, when in character. This is something Fifth Order members are naturally good at.

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Let’s move on to the next section of the reading:

## 5. AN OVERVIEW OF YOUR PAST LIVES HERE ON EARTH

In this section, I am going to give you a general overview of the places, periods in history and roles you have often had in your earthly past lives – this is mainly for your own interest, although sometimes people find that they feel an affinity with the periods or places I tell them about.



- You have had 117 earthly lifetimes (which is a pretty good number to have had – it means you are quite experienced being in a body here on Earth.)
- 63% of these lifetimes were female (so you might feel slightly more ‘at home’ in a female body.)

## PERIODS IN HISTORY/PLACES

Something I asked about is the periods in history and places that have had an impact on your soul.

Here are the periods in history and places that came up for you as times or places where your soul made big strides in its evolution:

- 2 lifetimes in Europe during the Middle Ages where there is a connection to the Crusades. I feel you fought in the Crusades or had some role in that during these 2 lifetimes.
- You had 2 lifetimes in Scandinavia during the Viking Age – so, the period from 800AD - 1066
- You had a female lifetime in Spain during the time of the Spanish Civil War – that was a civilian lifetime, but with the war as a meaningful backdrop to that incarnation
- You were around during the Mongol Empire (which ran from 1206 to 1368) as a male and there was something about that lifetime that was very impactful for you on the soul level, as well.

**I had a look at the spiritual traditions/religions that have had a big impact on your soul – here are the ones that came up for you:**

- You have had many lifetimes participating in Judaism, and some were involved in the study of Kabbalah, a form of Jewish mysticism that is





considered to be esoteric by more orthodox Jews.

- You have also had lifetimes during the Middle Ages in Europe which would have been spiritual lifetimes, where you were following your own sense of spirituality – in those lifetimes, you could have been a wise woman or held pagan beliefs. You most likely enjoyed being in nature and had knowledge of herbs. It is also quite possible you were persecuted for your spiritual beliefs (as this was during the era of the Inquisition.)
- On the soul level, you have also been impacted by lifetimes spent as an Australian Aborigine. The spiritual traditions associated with the Australian Aborigine tribes tend to be very earth-based and grounded. They did not build churches to connect with the Divine – instead they feel that the Divine is in everything, including people, animals, objects and the land. Thus there is a strong spiritual connection with the Earth and with totem animals here. As a result, you are likely to be drawn to Earth-based spiritual paths.
- You've had lifetimes participating in Shintoism, and these lives were important to your soul's evolution (Shintoism is an ancient Japanese religion that was present before Buddhism. There are strong aspects of ritual in Shinto, ancestor worship, and the belief that the Divine is in everything).
- You've had a lifetime in the last 100 years where you were involved in modern Spiritualism.

I am not surprised that you are drawn to spirituality in this lifetime, as many of these paths were not about connecting with the Divine through organised religion. Instead, you have a lot of experience connecting with Spirit in your own personal way.

## PAST LIFE ROLES

I mentioned that you have had previous lifetimes here on earth, and these lives would have involved a variety of different circumstances. However, something I like to look into is: what are the past life roles and patterns that you have gone back to repeatedly in your past lives.



Here are the ones that came up for you:

**1. The Communicator** – you have honed your communication skills over many lifetimes in roles like scribe, scholar and orator. This shows that you possess talents in the area of communication.

**2. The Traveller** – You have had many nomadic lifetimes – most often this is as part of a wandering tribe. You have probably also had lifetimes as an exile, homeless/vagabond or refugee. The karmic complex we associate with this type of past life is having a sense of rootlessness or a lack of belonging. Often when souls have had this role, they have travelled so much that they are not interested in it at all this time around.

**3. The Warrior** – You have had many lifetimes in a protective and combative role, as a warrior, a soldier or a hero, in many different cultures and settings. You may be drawn to activism in this lifetime, and have a strong connection to your anger (which can be used as a force for good, as a prompt to stand up for or protect yourself or another person). You are good at observing and assessing potential threats. You might enjoy competition, or feel most alive when battling for a cause. In previous lives I do feel that you have suffered from PTSD as a result of this role and the bloodshed, horror and fear that you have seen. The drama of those lifetimes might leak into this one occasionally, but this is a more peaceful lifetime obviously, those energies don't belong in this one.

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Let's move on to the next aspect of your reading:

## 6. YOUR ARCHETYPES

In this section, I am going to cover your 'archetypes'. These are a collection of soul gifts that you have. Sometimes these archetypes can come from past lives, other times they spring from your Archangelic Realm of Training or your Soul Group of Origin – and when that happens, Spirit is reinforcing those gifts as a key part of your



life purpose. Basically, these archetypes give us more information and clarification about your soul purpose and strengths.

Let's have a look at your archetypes:

### **1. Humanitarian/Lightworker**

You also have the Lightworker archetype. Those with this archetype are connected to humanity's suffering on a wider scale. You are likely to have a deep desire to allay suffering and make the world a better place.

Humanitarian souls have to choose their work carefully – they need to be working in a profession where they know they're making a difference. Without this, they would always feel something is missing and will feel unfulfilled. Often humanitarian souls will be working within some organization that improves life for people. They are not going to be fulfilled working in a place like a bank, that does not contribute towards the good of the world. Of course banks pay their taxes (sometimes) and employ people, which is positive, but as a Lightworker, you need to be involved in a purpose which is more beneficial than that.

### **2. Bringer of Patience and Tolerance**

This is an archetype that makes you a very open person who is generous of spirit. It means you will be bringing the energies of respect, tolerance and patience into the physical realm. Having this archetype enables you to see the good in other people and it makes you very patient in your dealings with others, and open enough to communicate with virtually anyone without shaming or blaming. This is an advantageous attribute to have in mediation roles.

With this archetype, you encourage others to accept differences and teach that it's alright to have differences of opinion. You also have a strong desire for fairness for all and exemplify this in your dealings with others.

### **3. The Creator**



You hold the Creator archetype, too. Creators are very good at making things happen – they get a real kick out of taking their visions and dreams and making them real and physical. Creators are dreamers, planners and action-takers. They are driven to build things which will impact their life and the lives of others. They have a great deal of enthusiasm that can be infectious and inspiring, because they are so motivated and willing to take action. They are also good at helping others to ‘just do it’ and get past their mental and emotional resistance to doing something. They teach others the value of action, persistence and inspiration.

#### 4. Improving and Maximizing Systems

Improvers have strategic ability. This means you can look at an entire system or situation and hone in on the parts which can be improved to get better results. Your soul urge is to make systems and situations better and more functional. You can apply this gift to other people, to some degree – a soul urge to help people improve themselves and get better results. Basically, you have the ability to diagnose what needs improving or leveraging in order to affect the bigger picture.

#### 5. Nurturing and Supporting

Nurturers get a great deal of satisfaction in seeing something or someone flourish and be successful. This usually manifests as a desire to provide the environment (including the positivity, encouragement, or empowerment) necessary for something or someone to grow. One possible outlet for this gift is of course parenthood or a teacher of young children. Another outlet for this gift is being the ‘right-hand man/woman’ or supporter to someone in a position of responsibility. Included in this archetype is a possibility of nurturing plants and animals.

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## 7. YOUR INTUITIVE GIFTS

Now let’s have a look at how your Spirit Guides and Higher self communicate with you...



## Clairvoyance

You have the gift of clairvoyance. This is the ability to ‘see’ Spirit. Clairvoyants usually ‘see’ in their mind’s eye. (This is the ‘movie screen’ that exists in your head when you close your eyes—if you try and visualize something, it will appear on the screen that is your mind’s eye.) Some clairvoyants can see deceased spirits and the auras of the living. Some can see images and metaphors which are meaningful for situations. In those cases, claircognition or clairaudience must also be used to decode what the metaphor or image means.

Developing clairvoyance is covered in this article on my blog: [How to Develop Clairvoyance](#)

## Emotional Empathy

I also found that you are an emotional empath (you can find out more about that in [this article](#).) Emotional empaths feel and take on other people’s emotions as if they were their own. This means that they are able to receive and process other people’s emotional data through the heart chakra. This form of empathy can create an emotional rollercoaster for the empath to contend with on a daily basis, as they are often overcome by random emotions, and can get confused about what belongs to them and what does not.

**These intuitive and empath gifts may be very active or they may be more dormant in you, but these are your natural gifts on the soul level.**

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## 8. THE SPIRITUAL ENERGIES AROUND YOU

You have 5 Spirit guides (most people have between 4-7 guides) and 2 Guardian Angels.

You also have the energy of quite a few different Divine beings around you:



Firstly, **Archangel Raphael** (which doesn't surprise me because this is your realm of training) plus you have **Archangel Chamuel** around you. Archangel Chamuel is the angel of peaceful relationships. He can be called on to help us find the strength and willpower to face challenges, whether small or large.

I am not sure if you have called on Archangel Chamuel recently. Sometimes these Archangels show up because we have called on them and other times they just show up because we can benefit from their energies.

You also have the energy of **Ascended Master Jesus** around you – unless you grew up in a Christian environment, this is most likely due to having had a lot of Christian past lives. Jesus brings the energy of Divine Love, forgiveness and compassion to us.

### READING SUMMARY:

On the soul level, Jane, it is very clear to me that **you are a healer**.

All of your soul gifts point in this direction -- this healing soul purpose shows not only in your Archangelic (Raphaelite) Realm of Training but also in your soul group of origin (Alpha Caelian) and what you have been doing in between earthly lifetimes (the 'Healing in the Afterlife' soul training). You are a lightworker who can help others to heal their lives. As a result, you may find yourself drawn to healing modalities or a career in healing. If not, you will still be bringing the energies of love and healing to those who you interact with in your daily life, and in your personal relationships.

That's everything I found for you, Jane – I hope you enjoy your reading and find it helpful!







## FAQ:

**Below I have included some commonly asked questions about my Akashic Record Readings:**

### **Are you available for more questions?**

If you have feedback or anything you'd like to comment on, feel free to send an email. If there is something you don't understand about your reading I am usually able to clarify.

Due to time constraints, I'm not able to answer follow-up questions that aren't a quick clarification of something in the reading report, or which require me to tune back into the Akashic Records (as this takes quite a bit of time and energy to do.)

### **Where can I find out more information about the aspects you have mentioned in this reading? (e.g. soul groups/soul trainings.)**

All of the information that I actually have, I have shared with you in this report.

### **How can I learn to read the Akashic Records to do these readings for others?**

I offer a course which teaches others how to do Akashic Record readings – you can find out more about that [here](#).

### **Where does this Akashic Records information come from & how do you receive it?**

Before a client session, I take myself off (etherically, obviously) to the Akashic Records and I ask a series of questions about the client. When I ask certain



questions, in response I am not usually channelling new information about every client, instead I have knowledge of:

- The 7 archangelic realms that a client can have
- The 23 soul groups, one of which every client will belong to
- The 88 life lessons that a soul can be learning
- The 16 areas of study/service in which a soul can partake, in between lifetimes
- The four life focuses that can be present for a soul
- The many periods in history most commonly found to have shaped a soul's path
- The many spiritual traditions & religions which commonly play a part in a client's past
- The 14 most common roles that can be prevalent for a soul, in their past lives
- The 35 archetypes
- The 13 intuitive gifts that a person can have

**Where this information comes from:**

A few of the soul groups, the archetypes, the life focuses, the past life roles, and intuitive gifts come from my own channelling and research.

The majority of the soul groups, soul trainings, and information about the archangelic realms, I was taught.

The soul group and info on archangelic realms originally came from the Akashic Records. The person who originally began researching the Akashic Records and amassing this body of information was Arlen Bock, a former mining engineer from Colorado who is also a metaphysician.

Arlen Bock used a pendulum to navigate the Akashic Records and via a series of carefully worded yes/no questions, he gradually put together a body of information. The motivation for the research was to discover the spiritual purpose and plans of the star traveller souls here on Earth, so that they may be more conscious of who



they are and where they came from. His wife, a channeller, was able to confirm the information for him.

Having seen some of Bock's original channellings, I can say that it only bears a basic resemblance to what we now have.

Arlen Bock's information was passed on to his student, Venessa Ralston, who taught students through her 'Soul Genesis' program, including Susann Taylor Schier and Mamie Wheeler. Mamie Wheeler taught Andrea Hess, who was my teacher, through her Soul Realignment Program.

I believe that Arlen Bock established basic facts and it was his students who later noticed certain characteristics and soul gifts that their clients (belonging to certain soul groups) had, and added these to the body of knowledge. And they channelled additional information, too. So it is that over time and over a few decades, the body of knowledge has grown.

Thus, the soul groups & archangelic realms information is a mixture of the channelling work of Arlen Bock, Venessa Ralston, Susann Taylor Schier, Mamie Wheeler, Andrea Hess, Shelly Ebeling, and of course, me. The information that I was taught 13 years ago was not as detailed as what I now use with my clients. For my readings, I now draw on many of my own discoveries, adaptations and additions from the last decade.

