



Property Clearing

FOR

HANNAH



ANNASAYCE.COM

DEAR HANNAH,

Thank you for choosing to have a space clearing for your property:

[This is where I would normally write the address of the property]

(Note to students: the address has been removed from this report for privacy reasons but in case it is helpful to know for context, the address for the property cleared in this report is in Los Alamos, New Mexico, USA)

Encompassing the house, the gardens front and back, workshop and the area behind the house that used to be owned by the county for utilities.

In this report, I am going to tell you about the energetic contaminants that were present in your property before I cleared it, and I am also going to pass on a protective blessing to you, which you can use to keep your space free from negative energy in the future.

I hope you find this clearing helpful and the report interesting.

THIS CLEARING REPORT IS SPLIT INTO SEVERAL KEY SECTIONS (BASED ON WHAT WAS FOUND IN YOUR PROPERTY) - I HAVE LISTED THEM BELOW —

1. Toxic load
2. Attached or visiting Earthbound spirits
3. Residual hauntings
4. Emotional residues
5. Negative thought forms & NTF clusters
6. Portalways
7. Home built on land belonging to indigenous peoples
8. Unwanted influencing energy
9. Protective blessing

Without further ado, let's get into the report of what was cleared from your property.

1. TOXIC LOAD

This is a measurement out of 100 which gives us an overview of the amount of negative energy that has accumulated in a property over time. We call this 'toxic load'. I measured the amount of negative energy/toxic load before clearing.

Anything over about 45 makes a property unfit for human habitation.

LET'S HAVE A LOOK AT THE AMOUNT OF NEGATIVE ENERGY AT YOUR PROPERTY:

Your property measured 31 out of 100, which means it contained a slightly higher than average amount of negative energy, relatively speaking, for a property.

There's quite a bit of evidence on an energetic level that someone (a woman) who has lived in your home long term has had serious mental health struggles, and this is the main reason for the toxic load being a bit higher than I would expect. Most of the negative energy found revolves around this situation. More on this below.

Now, let's have a look at what this negative energy consisted of exactly.

2. VISITING & EARTHBOUND SPIRITS

I found 7 earthbound spirits attached to your property and 4 spirits that were just passing through.

HERE'S SOME INFORMATION ABOUT EARTHBOUND SPIRITS AND HOW THEY CAN AFFECT OUR SPACES:



Earthbound spirits are dis-incarnate souls. This means that they once walked our planet, but at the point of death, for whatever reason, they did not fully cross over, leaving part of either their emotional body or their mental body (or both) behind on the earth plane.

The common feature all earthbound spirits have is that they do not want to cross over to the other side for some reason, and because of this, they resonate with negative energies such as ‘stuckness,’ fearfulness, unhappiness, and pain.

HERE ARE A FEW REASONS WHY EARTHBOUND SPIRITS WON’T FULLY CROSS OVER:

- A very traumatic death
- Addictions (when a person is dependent upon physical substance, such as alcohol or another drug, the emotional and mental body may be so attached to that substance that the person could be reluctant to leave the Earth plane upon death)
- Fear of God’s judgment
- An extraordinary level of attachment to their loved ones or home
- Lack of awareness of having died
- No belief in the afterlife
- Guilt over having committed suicide
- A need for vengeance
- Any other unfinished business

Earthbound spirits are one of the most common types of energy contaminants for me to find during a property clearing, so your property is no exception in that regard.

These earthbound spirits not only attach to our spaces, but in some cases, once they are actually in our spaces, they can also attach to people. This is one of the main reasons why it is good to clear these spirits from our homes and prevent them from coming into our space in the future. If an earthbound spirit does get into our space and attach to us, it is not a disaster, but it is a situation that we should ideally avoid.

One of the biggest myths about earthbound spirits is that they are somehow negative – indeed, some healing modalities refer to these spirits as ‘negative entities’. However, earthbound spirits are not inherently negative or demonic. The trait that they all have in common is that they are reluctant to cross over to the other side,

perhaps because of addiction, fear, or pain of some kind. This can make them seem negative, but this is a state of mind – not a permanent, soul-level trait. In many ways, they are just like you and me – only not in a body, very stuck and unhappy! And if they attach to us energetically, it does have negative consequences for us, because they can drain our energy field, give us (or our children) bad dreams, negatively affect our emotional state, and if we practise psychic development or channelling, we can also accidentally channel these spirits, thinking they're our guides. However, earthbound spirits do not give high-vibrational guidance, because they are stuck and afraid. So all in all, it's not a good idea to have any visiting or attached to our spaces, lest they also attach to us.

I was able to get some info on two of the spirits who had been attached to your property. One was a female spirit who had been attached to the property for 4 years. Her death was drug related and her life was quite a violent one. She has been with you in the house because she likes the “family” atmosphere; something she was lacking in her previous life. This spirit is quite frightened & traumatised and it's definitely a good thing to clear her from your space & help her to cross over.

The second earthbound spirit that I was able to gain information about was a male who has been attached to the land your house is built on for over 50 years. He attached to the house shortly after it was built. He is very stuck. He says: “I belong here.” He exudes a sense of ownership that is quite territorial so if you pick up on this spirit you might feel a bit pushed out of your own space.

There are 5 other attached spirits but I didn't gain much info on them and don't feel they are affecting you or your family too much.

All attached spirits have been cleared and crossed over to the light.

The other spirits I found in your home were lost spirits only visiting, so there was no attachment there, and I cleared these spirits easily and helped them to cross over to the other side. Urban & suburban areas have a large number of earthbound spirits that wander, so I was not surprised that there were a few in your property.

The protective blessing I will give you at the end of this report will stop earthbound spirits from entering your space in the future.

Next, let's have a look at another type of negative energy that was in your property:

3. RESIDUAL HAUNTINGS

There were 3 residual hauntings in your property that I cleared from your property.

Residual hauntings are the energy of past events which have been imprinted onto a place. The emotions or the thoughts around the event are encoded into the imprint, and they are usually a mixture of the energies of trauma, grief and/or strong regrets. Residual hauntings are essentially energy imprints created by individuals who were haunted by a terrible sense of suffering at one given time. They are often created by suicide attempts, suicides, murders, people going through intense suffering, such as a mental illness or grief, and similar traumas.

These energy imprints can manifest as residual hauntings with visual and auditory effects. Essentially, this is a bit like a stuck memory on repeat, or a music player playing the same tune over and over. The 'tune' is stuck in one place, although the person that originally created that 'tune' is long gone.

This means that residual hauntings are different from earthbound spirit hauntings. They look much like earthbound spirit hauntings, because they manifest as a spirit replaying a situation over and over again, like a record stuck on repeat. However, earthbound spirits are classed as 'intelligent hauntings', whereas residual hauntings are just echoes – they are not actual spirits.

With earthbound spirits, not only can we be affected by the presence of the spirit, but also by what the spirit can do to us, such as draining energy or amplifying emotions. Yet although they can sometimes freak people out, residual hauntings can't drain our energy or amplify our emotions in the way earthbound spirits do.

Let's look at the type of residual hauntings that I found (and cleared) at your property:

These residual hauntings were all connected to acute mental health crises.

There was one which felt like emotional anguish/acute distress during a mental illness from a female occupant - I felt this was created quite a while back.

There was another which involved thoughts or attempts at suicide.

And another which felt like a different kind of self-harm, perhaps cutting. Acute anguish & distress connected to a mental health crisis is what characterises all of these residual hauntings.

4. EMOTIONAL RESIDUES

There were 2 types of negative emotional residues that I found and cleared at your property.

Emotional residues are the energetic remnants of feelings which have been left behind in a space by someone who experienced them at some time or another. This is a very common type of energetic 'pollution' that can be found wherever there is a history of human occupation.

These are the energetic equivalent of dirty old paintwork, or mouldy wallpaper in your home, polluting your space in a very subtle way. Some people will pick up on it, without knowing where it has come from, or why they feel it. Others will be unconsciously influenced by the residues without realising.

(Also note that it is not unusual for negative emotional residues left behind in a home to attract earthbound spirits who may resonate with those energies and consequently feel 'at home' there.)

Here are the emotional residues that were present in your home:

1. Timidity -- A past occupant allowing themselves to be bullied/intimidated in their own space, most likely by a close relative
2. Suffering/hopelessness -- Feeling like life is such a battle and that it will never get better. This is connected to the past occupant who had the mental illness.

Let's move on to the next type of negative energy found at this property:

5. NEGATIVE THOUGHT FORMS

There were 2 types of negative emotional residues that I found and cleared at your property.

Negative thought forms are energies created by repeated negative thoughts and words.

Not all of the thoughts we think become thought forms – the energy of most thoughts dissipates once it is spent. But if we (or another person) give our negative thoughts enough energy, and they are repeated over and over, they can take shape as a negative thought form. They can even take up residence in land, buildings and possessions and contribute their underlying negative energies to us. Often, these thought forms are 'left behind' in a space by someone who created them while they were in that space.

Sometimes we can sense the underlying negative thought forms present in a place and we can be affected by them in a subtle way. If we were the person who created the negative thought form, it can reinforce that line of negative thinking and keep us stuck in it further.

Here are the negative thought forms present in your home:

1. **Submission** - created by past occupant.

This thought form sounds like: "I'm not as good as other people" and "it's best to keep my head down and below the parapet".

2. **Lethargy** - created by a past occupant.

This sounds like: "I'm incapable/ineffective" and "I can't get things done."

All of this negative energy has been cleared.

Let's move on to the next aspect of your clearing:

6. PORTALWAYS

I found (and closed) three negative portalways to the astral realms in your property.

Some info about portalways:

Portalways are invisible passageways to the astral realm, and they are often found in our homes.

The astral realm is the realm we connect with when we explore our psychic development. It is home to astral-level entities, such as:

- Spirit Guides
- Guardian Angels
- Earthbound spirits
- Elementals and fairies

Within the astral realm, there are different planes of existence. We have the higher planes, which resonate with high-vibrational energies and where our Spirit Guides and Angels hang out. These are the positive spirits who are meant to be with us on our path, and who resonate with energies such as peace, joy and love.

Then, we have the lower planes which are denser, and these are the planes where low-vibrational astral beings, such as earthbound spirits, hang out. These spirits and these lower astral realms resonate with heavy energies such as fear, stuckness and pain.

The astral realm, with these varied planes of existence, exist in tandem with our material world as an overlay. We access the astral planes through our dreams and during our psychic development, and the type of plane we access depends on our emotional or vibrational state. If we are in a positive state of mind and healthy, we are more likely to connect with the higher astral realms, and even visit them in our

dreams. If we are in a negative state of mind, or if we're unwell, we may be more inclined to visit the negative astral realms when we sleep.

Sometimes, regardless of our own vibrational state or health status, portalways to these low-vibrational astral planes may exist in our homes, through which low-vibrational astral energies can leak into our space from that realm of existence. If this happens, earthbound spirits can use your home as a passageway to travel from one place to the next. When a portalway is located in or near a bedroom, we may also find ourselves having nightmares. This is a clear sign that the energies coming into your space are not aligned with how you want to live your life.

Portalways are often found in the corners we don't go into, or the spaces or cupboards we don't use. There is often a strange smell associated with them, and children or pets often won't go near them. When a portalway is present, a home can be visited by local earthbound spirits who are using the home as part of an energetic highway.

One portalway was in your child's bedroom, another was in the back garden and another could be found near where you do the laundry (utility room or kitchen?)

I've asked Archangel Michael to close the portalways that were in your home, and assign a Guardian Angel to the location so that they may never be re-opened.

7. HOME BUILT ON INDIGENOUS LAND STILL PROTECTED BY ANCESTRAL SPIRITS

Your home is built on land that on a spiritual level, belongs to indigenous peoples and is protected by their ancestral spirits. It is important to live in harmony with this energy so as part of your clearing I honoured these ancestral spirits, acknowledged their presence and history in your area, and asked for their blessing on your property. As part of the protective blessing that you will do shortly, you will ask for their protection.

More info on ancestral spirits:

Over the last several hundred years, it has been quite common all over the world for land that once belonged to a certain tribe or group of people to have been stolen or colonised by someone else.

As a result, indigenous lands in the USA, Canada, Australia and New Zealand, for example, are often now owned by the ancestors of those who colonised the country.

It is worth remembering that places such as these belonged to tribes and peoples who spent hundreds or thousands of years there before the colonists arrived. These people were often spiritually attuned to their sense of place and performed powerful ceremonies and rituals which cemented their feeling of belonging on that land. As a result, we often find ancestral land spirits still residing on the land.

Ancestral land spirits are spiritual guardians of the land, associated with the tribes that were once there. They are not the same as earthbound spirits, but they are something between elemental spirits and ancestors. It is not necessary to clear these spirits or ask them to leave because they are not hostile or unfriendly. Instead, it is preferable to honour and live in harmony with them, and to enlist their help in protecting the space.

It is also good to welcome them into our spaces and honour their culture if we can. If we fail to do this when living on native land, we can sometimes feel a sense of not quite belonging there, or not having permission to be there. We therefore arrange for the ancestral land spirits associated with this land to be involved in the protective blessing for the home (- this blessing is given to you at the end of this report).

I often find this situation apparent when I do space clearings for clients in the USA.

If you know which indigenous peoples once lived on the land your property is built on, you may also wish to bring in a symbol of the indigenous culture or people into your home. This might be a piece of art or some other representation of something that is sacred to that culture.

I used to have an engraving of a Maori chief on my wall when I lived on land with a history of Maori occupation.

If you have Native American land spirits (or the ancestral spirits belonging to other cultures) protecting your space, you might wish to do a bit of research on their tribe or culture and find something that is meaningful to that group. This is optional.

8. UNWANTED INFLUENCING ENERGY

This unwanted influencing energy feels like a sense of judgment from a close relative about the woman who had mental health issues:



“You should be keeping busy”

“Stop being so lazy”

“Get dressed and ready for the day”

This energy, if you pick up on it, might make you feel guilty for relaxing or having a ‘lazy day’ in your own home.

9. THE PROTECTIVE BLESSING

We can keep negative energies out of your space in future by doing a protective blessing (which means placing energetic protection around the space) with the help of a Divine-level being, such as an Archangel or an Ascended Master.

HOW TO DO A PROTECTIVE BLESSING

[Protective blessing instructions redacted from this document]

The protective blessing given above protects against the following:

- Earthbound spirits
- Negative thought form clusters
- Portalways (when they are being created from within)

The protective blessing also protects against any emotional residues or negative thought forms (created in the space by you) remaining in the space. These will be transmuted by the violet flames that the protective blessing sets up. I would probably only re-do a space clearing if something traumatic or really painful happens within the property or is experienced by one of the occupants, or if someone gets high on drugs in the space.

CLEARING SUMMARY:

Your property has been cleared of all the negative energy I found, and I recommend you put in place the protective blessing ASAP to keep your space clear!

That's everything I found for you, Hannah — I hope you found this report interesting!

Anna

Note for students:

I received the following feedback from the client in question:

"I only have a few bits of information on the previous occupants. I know that one family occupied the space for 30 to 40 years before we bought it. The woman or mother of the household lived here her whole adult life and in the end suffered from Alzheimers until her death. During the time she lived here, her children would have lived here and then later one of the daughters moved back in with her family for a period of time. After the woman died I think one of the grandchildren may have lived here for a short while. So regarding the mental illness: the woman had lived with alzheimers for some time. The feelings of lethargy, submission, hopelessness make sense to me, as I am sure those would have existed as she was cared for in her home as a result of the alzheimers."